



## No Withdrawals!

Rayma Zugel, Center Director

Allison (name changed) came in one evening with her partner for a pregnancy test. As she talked with her peer-counselor she shared that she has trouble eating. Bulimia? Anorexia? No, she assures her peer-counselor, she wants to eat, she just can't. So Allison uses drugs daily so she will be able to eat. Because of the daily drug use, she thinks she will suffer from withdrawals, so maybe it would be better to "just have an abortion".

An ultrasound was scheduled and we prayed that she would come. Ultrasound night came, and in walked Allison, not by herself, but with several family members. As the ultrasound is being done, they are all "smiling and very excited" about the pictures they see.

The day after the ultrasound the Center Director called Allison to see how she is doing. She is "amazed" at the way the 8 week, 4 day old baby is moving all around. According to sources, at this age, the baby is about ½ inch long. The lungs have begun to develop, taste buds are forming on the tongue, and eyelids are beginning to form.

While the Center Director is talking to her, she hears Allison excitedly telling a friend who is with her about the pictures she received from the sonographer. When asked about her drug use she responded, "I haven't touched any since the day I found out I was pregnant". And guess what? No withdrawals!

Allison was referred by her peer-counselor to one of the many Celebrate Recovery programs in her area. Please join us in prayer for Allison that she is able to withstand the pull of drug use, and eat to provide nourishment to her growing baby.

**CARE**  **NET**<sup>®</sup>

### ***Our Mission***

CARE NET Pregnancy Services of the Treasure Coast is a Christian ministry whose mission is to defend life, to meet the physical, social and spiritual needs of those who may be experiencing a crisis pregnancy, to bring healing and wholeness to lives traumatized by abortion, to present the gospel of Jesus Christ, and to challenge our communities to adopt a Godly view of sexuality and the sanctity of human life.



The ultrasound of an 8 week old fetus. Similar to what Allison saw at her ultrasound appointment.

## Life is Like a Box of...Onions??

Pam Durham, CARE Director

Did you know our lives can be like an onion? Let me explain: The outside or skin is very thin. This represents how close we can be to the world (outside of the skin) and how as new Christians that have accepted Christ as their Savior, have just begun a journey away from the world towards our Heavenly Father. That act of accepting Christ is the skin. We can stay close to the skin (continue on with our lives with little change) where we will struggle with our Christian walk, or move toward the center (closer to the heart of God) where we will learn to stand against the enemy.

What has this to do with abortion recovery? Our CARE (Confidential Abortion Recovery Experience) classes are designed to facilitate moving toward the center. The studies give our clients the tools they need to make Godly decisions in their lives. They learn about the character of God, anger, depression, forgiveness of others and forgiveness of themselves, grief, and release from the shame. In fact, most of these tools can be applied to all areas of their lives thereby equipping them to continue to walk in the light. Sometimes the layers of the onion are the different areas they are struggling with, but sometimes the layers represent a deeper understanding and application of God's truth for their lives. In fact, it was one of our CARE graduates that compared the study to the process of peeling the layers of an onion, revealing the flavor beneath that can affect everything around it, just as an onion seasons a recipe.

If you cut out the whole root stem before cutting up the onion you reduce the gases released from the onion that cause our eyes to water. When our clients begin our Bible study they sometimes have believed lies about God that are similar to the root stem of the onion. Our study helps them remove those lies (root stem) right at the beginning so they may continue with the process of healing knowing the truth about God and his love for them. And yes, the process can bring about tears - tears of healing.

April is Abotion Recovery month. If you, or someone you know, would like more Information about our CARE classes, please feel free to contact me, confidentially, by email at [249.c4re@gmail.com](mailto:249.c4re@gmail.com), or you can call 772-249-C4RE. (2473).



**Your Change Can Change a Life!  
It's as easy as 1..2..3!**

- 1. Take a bottle on Mother's Day.**
- 2. Fill it with change.**
- 3. Bring it back to the church on Father's Day. Easy!!**

**Baby Bottle Boomerang™**



## SPRING TRAINING!!

We have just finished Care Net's Spring Training to Minister Seminar. We have heard time and again, "Why 2 weekends of training?" Then by the second weekend, we hear, "Wait! This is not enough time!"

To quote from a few of the women in this latest training, one said, "I think the presentation is well put together and very informative". When asked what was most helpful another woman said, "The stories and learning how this new generation of youth thinks".

Our Fall training will be held October 25 & 26, and November 1 & 2, 2013, but if you feel the call to volunteer now, contact either of the centers for information about a possible upcoming "Mini Training".

# Georgia Thomas In the Spotlight

“30 years ago this coming summer, I was 18 years old and pregnant. In complete panic and fear I went straight to Planned Parenthood where I knew I could have an abortion as many of my friends had done. For the next several years, just as post abortive statistics state...I went from sadness, to a

false sense of relief, and then denial. My emotional pain surged and affected every area of my life.

It's amazing to me how my story of 30 years ago sounds so similar to experiences of women today. If it hadn't been for the incredible GRACE and MERCY of my Lord and Savior Jesus Christ who died for my many sins and saved my soul, I hate to think where I would be.

I have been very blessed to have been counseled by Godly women who have gently and caringly guided me into understanding forgiveness....But truly it was through the CARE (Confidential Abortion Recovery Education) classes that I was released into my full freedom!! Because of the classes, God has healed all the places of pain that were still hidden very deep inside. Places that only the TRUTH of God's Word could reach.

Today I am honored to serve the Lord as a volunteer peer counselor with Care Net. Working with women who find themselves in the very same places I have been. This time though, I can provide services and confidential care that was never provided to me. Only God could turn the most horrible event in my life, and use it for good... That's who He is...That's what He does”.

Georgia heard about Care Net at a women's conference at Grace Family Church, where she and her husband attend. During one of the morning devotions, God paired her with Willow Sanders, our Director of Student Services, and another volunteer from Care Net. As Georgia says, “That's who He is That's what He does”.



## TOUCHING LIVES IN 2013 (Through February)

Total Contacts .....	1199
Client Visits .....	187
Parenting Class .....	37
Ultrasounds .....	13
Abstinence Presentation Attendees .....	958
C.A.R.E. Class .....	17
Accepted Christ.....	101
Currently Abortion Vulnerable.....	24
<b>Abortion Saves .....</b>	<b>10</b>
Adoption Intentions .....	2

Habakkuk 1:5



(Some dates may change - Call the Center before event)

**April 6**  
**Purity Ball**

**September 20**  
**Annual Fundraising Banquet**

**October 25 – 26 and**  
**November 1 - 2**  
**Volunteer Training**

### Ways YOU Can Help Our Centers!

- ♥ **Boutique Help, PSL** – Are you an Organizer? We need weekly help organizing our Boutique! Give Rayma a call for more information.
- ♥ **Office Supplies** – We are in constant need of copy paper, labels, envelopes, bottled water, paper towels, and toilet paper. Call the office for more information.
- ♥ **Cleaning Volunteers** – For both Centers.

### Ways YOU Can Help Our Clients!

- ♥ **Help Our Boutique!**  
We need baby monitors, breast pumps, new baby bottles, wipes, larger size diapers and pull-ups.
- ♥ **Gerber® Good Start® Powdered Formula**  
Good Start® formula (any type) is the most requested formula. Can you help us restock our shelves?

**2012 Contributing**

**Supporters**

*(\$500 or more Annually)*

**SUPPORTING CHURCHES**

**St. Lucie County**

- Calvary Chapel, SLW
  - Calvary Compassion, FP
  - Cornerstone Baptist Church, PSL
  - Covenant Reformed Presbyterian, FP
  - Crosstown Chapel, PSL
  - Covenant Tabernacle, PSL
  - First Baptist Church, PSL
  - Genesis Community, PSL
  - Grace Church, PSL
  - Grace Emmanuel Church, PSL
  - Grace Family Church, PSL
  - Grace Lutheran Church, PSL
  - Haven of Hope, PSL
  - Highpoint Community Church, PSL
  - Indian River Presbyterian, FP
  - More 2Life Ministries, PSL
  - Morningside Ministries, PSL
  - Northside Christian Fellowship, FP
  - Orange Avenue Baptist, FP
  - Port St. Lucie Bible Church, PSL
  - Port St. Lucie Christian, PSL
  - Savanna Club Worship, PSL
  - Southside Baptist, FP
  - Southside Christian Church, FP
  - St. Peter Lutheran, FP
  - Sunlight Community, PSL
  - Treasure Coast Baptist, PSL
  - Truth Church, FP
  - Walton Road Baptist, PSL
- Your Church Name Here*

**Martin County**

- Calvary Chapel, Palm City
  - Calvary Chapel of Stuart
  - Christ Fellowship, Stuart
  - Community Baptist of Martin County
  - Covenant Fellowship Baptist, Stuart
  - First Baptist Church, Jensen Beach
  - First Baptist Church, Stuart
  - First Presbyterian Church, Stuart
  - Grace Presbyterian Church, Stuart
  - Life Church, Jensen Beach
  - LifeQuest Church, Palm City
  - Nettles Island Church, Jensen Beach
  - New Beginnings, Palm City
  - New Hope Fellowship, Palm City
  - North Stuart Baptist, Stuart
  - Palm City Presbyterian, Palm City
  - Redeemer Lutheran Church, Stuart
  - The Grace Place, Stuart
  - Treasure Coast Comm., Jensen Beach
  - Tropical Farms Baptist, Stuart
- Your Church Name Here*



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A higher purpose.*

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- A & T Printing, Inc., PSL
  - Action Appliance, Stuart
  - Abba Air Conditioning, FP
  - Addison Drywall, Hobe Sound
  - A Faster PC, PSL
  - Cassens Land Enterprises, FP
  - Christian FM, VB
  - Craig Cusato, DMD, PSL
  - Dermody Pediatric Dentistry, PSL
  - Diane Dultmeier Photography, Stuart
  - Emmick Construction, JB
  - Frank Warren Insurance, Stuart
  - Gary Marzo, Inc., PSL
  - Genesis Plumbing, PSL
  - Gold Coast Dental, PSL
  - Hofstee Chiropractic Center, PSL
  - Jeffrey E. Ingeman, MD, Tequesta
  - Jensen-Johnson LLC, Tequesta
  - Lippisch & Engebretsen, Stuart
  - Living Water Pools, Mt. Dora
  - Mark Brechbill CPA, Stuart
  - Morning Star Industries, JB
  - Mosley & Son Construction, Stuart
  - Port St. Lucie Animal Hospital, PSL
  - Preston Home Services, PSL
  - Procuts 1, PSL
  - R.K. Davis Construction, FP
  - Robert Erneston Produce, Stuart
  - Seacoast National Bank, PSL
  - St. Lucie River Realty, PSL
  - Stuart Rubber Stamp, Stuart
  - Sun Realty, PSL
  - The Oil Depot, PSL
  - Thrivent Financial, Stuart
  - Tony Cascio CPA, Stuart
  - Treasure Coast Cardiac Monitoring, PSL
  - Treasure Coast Family Wellness, JB
  - Treasure Coast Financial, Stuart
  - Treasure Coast Orthopaedics, PSL
  - Whiting Construction Inc., Palm City
- Your Business Name Here*



**Pregnancy Services**

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- Sue Chess, Executive Director
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- Nancy Kearney, Stuart Center Director
- Willow Sanders, Director of Student Services
- Pam Durham, C.A.R.E. Director
- Debi Boerckel, Administrative Assistant

**Volunteer Staff**

- Dr. Thomas Enyart, D.O., Medical Director
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- Lois Sherry, RN, Nurse Manager