

Partner's Progress Report

A "dividend report" on your eternal investment at Care Net



"More beautiful than Gold—**Now!**"
By a C.A.R.E. graduate

"I can't believe it! I'm sitting at a Care Net banquet, a fundraiser for crisis pregnancy. Up till now, I would physically get sick at the mention of the word "abortion!" I wouldn't even attend church when they had Sanctity of Life Sunday, and yet here I am.

After choosing abortion at the age of eighteen, now here I am at the banquet finally talking to Pam Durham, the abortion recovery Director, about post-abortive counseling. How did I get here? How did I finally start opening up that wound?

I had spent so many years feeling broken and ashamed because I had chosen abortion. I just wanted to feel beautiful, loved, and accepted. Every time I saw someone pregnant or a newborn I would feel empty inside like a piece of my heart was missing.

To this day, I can hear my father's words from that fateful day, "You'll always be a failure!" I let these destructive words grip my heart and continued to punish myself for my past choices. In an effort to self-medicate my pain, I have suffered from an eating disorder.

As the anniversary and due date of my child arrived every year, I would re-experience guilt as I thought about his or her age. In 2014, my child would have been 24 years old.

The lie playing out in my head, as I was curled up in a ball of isolation, was this:

God is punishing me.

This was a lie from the lion sized liar!

I became obsessed, needing to look perfect from the outside so no one could see the pain and anguish on the inside. Yet, no outfit or makeup could make me beautiful because I was ugly, broken; desperately and deeply ugly – because I murdered my child.

It was only a miracle that I connected with Pam and finally went through the C.A.R.E. study, "Forgiven and Set Free" at Care Net. I initially didn't want to meet with her after our talk (why relive that pain?) but I was so tired of living in isolated bondage. Pushing it away was just not working. The study was not easy, but I did not have to do it alone. Each of the women in the class had a story & we were like family helping each other to pure Freedom from the chains that bound us.

God's word and God's people have transformed me into who I am today, stepping into more and more of His purpose in my life. I no longer live in that fear. I no longer need to cover up my broken pieces for I have been made new. I no longer listen to those negative voices in my head. I am a child of God; adored, treasured, loved...."more beautiful than Gold."

'Touching Lives' March 2015

March Contacts	414
Clients Seen	106
C.A.R.E. Class	11
Ultrasounds	20
Abstinence Attendees	253
Accepted Christ (2015)	183
Abortion Saves (2015)	31
Still Abortion Vulnerable (2015)	24
Adoption Intentions (2015)	1
Total 2015 Contacts	2039



Understanding the Post-Abortive Individual

(The following article is adapted from Ramah International.)

Do you have a friend who has had an abortion? The first step in being part of the healing process is to learn more about their mindset and pain. Your best gift to any post-abortive individual will be your love and prayers.

How to Help?

Know the symptoms of Post Abortion Syndrome which include recurring nightmares, guilt, depression, anxiety, troubled relationships, suicidal impulses, eating disorders, sexual disturbances, promiscuity, drug/alcohol abuse, frequent crying and others. (For a complete list of symptoms, please visit Care Net's webpage on abortion recovery at www.CareNetTC.com, click on "The Issues", then "Abortion Recovery").

Avoiding the topic of abortion can signal your rejection to their hearts. Keeping silent about this fact of the past only reinforces their conclusion that you cannot accept or love them truly. Especially around mother's day and anniversaries of abortion-rights victories, respond in love and compassion.

If you have heard about their "choice" indirectly, be very careful in

approaching the topic directly. Educate yourself first (contact us). Then start by discussing abortion—with love leading—saying something like "in the right circumstances, I could have made the same decision." If this comment elicits no response, then drop it as it is probably not time.

In discussing this choice, avoid the direct use of the word "abortion." Many will hear this word and writhe in pain. There are other ways to address this topic -- "I wanted to talk to you about your pregnancy loss..." is a good example. Tread lightly and go with God...

Messages on the sanctity of human life should ALWAYS include God's compassion and grace.

Honor individuals who have made a positive life decision for their pregnancy. Even in a pregnancy to a single mom, care should be made in honoring the one who chose life even while not condoning the sexual act. This is a careful difference that can and should be made. This very care can also cause the post abortive person to feel safe to seek counsel.

For a deeper understanding of what a person who is post abortive experiences and how you can help, we encourage you to accept the invitation below and contact Pam Durham today about attending our annual C.A.R.E. luncheon.

SAVE THE DATE!
October 1 & 2, 2015
ANNUAL BANQUET
Details to Follow!



CONFIDENTIAL
ABORTION
RECOVERY
EXPERIENCE
ANNUAL LUNCHEON
May 16, Noon—Location TBD

Client Needs

Baby Bathing Supplies

Formula (all types)

Trendy Maternity Clothes

Crib Sheets

Pack 'n Plays & Bassinettes

New Baby Items

Size 5 and 6 Diapers

Baby Wipes

Toddler Size Socks & Shoes

Car Seats

A local ministry leader, "Judy", attended our C.A.R.E. luncheon last year. She was informed of how an abortion can affect the physical, mental and emotional well-being of women. It wasn't too long after that she was able to help an abortion vulnerable woman find her way to Care Net and another baby's life was spared from the horrors of abortion.

Care Net is a place of **HIS hope and healing**. Those that have walked down the abortion road can find **hope and healing**. Part of our ministry calling at Care Net of the Treasure Coast has been to reach out to individuals who have been wounded emotionally through abortion. Each of them has a story of pain, a story of suffering as unique as their own DNA. We long to see post-abortive men and women set free, at peace, and reconciled to the Father, and reaching their full potential in Christ.

I am asking that women in ministry join me on **May 16th at 12 Noon** for more information on how you can give **hope and healing** to those who are post-abortive. A delicious lunch will be provided as well as an overview of our services. I will let you know the location shortly.

Together, **we can make a difference** in the Body of Christ.

Pam Durham, Abortion Recovery Director
RSVP to 772.475.8328 or by email to Durhamfl.pam@gmail.com